

9th Annual WHSA Training Conference

Head Start: Paving Our Way to Excellence

February 14-16, 2011

List of Training Sessions by Date & Time • Updated 1-10-11

Current training sessions are listed in alphabetic order below according to their date and time. You will also find each session's content area(s), intended audience, content level, length, and maximum number of participants listed with the session descriptions. **A shaded training session title denotes a three hour training session.** Shaded asterisks (**) before a training session title denote a session length greater than three hours.

MONDAY, FEBRUARY 14th 9:30 to 11:00 a.m.

Children's Development— When Should We Be Concerned?

Ann Steffen, Early Childhood Education Specialist
STG International—WI Head Start T/TA Center

This presentation will provide participants with a general overview of common concerns related to developmental delays in infants, toddlers, and preschool-aged children. We will discuss the role of teaching staff, parent educators, family service staff and parents in acknowledging needs of children who do not function within typical ranges of development and identify resources to support those children in both home and classroom environments.

Training Area(s): ACF Regional Priorities & Federal Initiatives; Early Childhood Ed. & Development

Location: Tamboti

Target Audience: Parents, Teaching Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 30

Length: 1.5 Hours

empower parents to be our partners and help them in building skills.

Training Area(s): Early Childhood Ed. & Development; Supporting Families

Location: Marula

Target Audience: Program Directors/Administrators, Management Staff, Parent Educators, Teaching Staff, Program Support Staff

Content Level: Application/Skill-Building; Advanced/Refinement

Max. Audience: 50

Length: 1.5 Hours

Getting Our Act Together! Meeting the Needs of ALL Children

Jen Bailey, Child Health and Development Director
Dane County Parent Council

Sue Albert, Early Childhood DLLs Consultant
CESA 10, Independent Consultant

This session will explore how programs ensure that all children with disabilities have access to the support they need. We will examine how teachers and directors can work with special education support staff to meet individual children's needs while maintaining a busy classroom. Through interactive activities, we will explore how teachers without special education training can collaborate with school district staff during the referral and evaluation process. Program procedures and eligibility requirements will also be discussed.

Training Area(s): Community Partnerships; Early Childhood Education & Development

Filling the Gaps: Empowering Families to Support Learning

Bev Schumacher, Author, CEO, and Presenter
Learning Props

Is preparing students to be ready for school your goal? If indeed that is your intent we need to reach past the program day and assure that families are supporting the same goal. This session will explore how we can

Location: Aloeswood

Target Audience: Program Directors/Administrators, Management Staff, Teaching Staff, Community Partners

Content Level: Application/Skill-Building

Max. Audience Size: 50 **Length:** 1.5 Hours

Parent Orientation—Making the Most of YOUR WHSA Conference Experience

Kelly Butzlaff, Director of Family & Community Partnerships

UW Oshkosh Head Start

April Kendle, Administrative Assistant/Healthy Relationships Facilitator

Urban Day School Early Childhood Department

Are you a Head Start or Early Head Start parent? If so, come learn how YOU can make the most of your time at *Head Start: Paving Our Way to Excellence* and your time at the Kalahari. You will have a chance to meet other parents, navigate your way around the Kalahari, and have some fun. If this is your first WHSA Conference, then this session is for you!

Training Area(s): Other (Parent Orientation)

Location: Tamarind

Target Audience: Parents (who are first time WHSA Conference attendees)

Content Level: Beginning/Awareness

Max. Audience Size: 90 **Length:** 1.5 Hours

Puppetry for Early Childhood

Kate Blank, Co-Owner and Performer

Beth Bock, Co-Owner and Presenter

Puppet Story Theater

The presenters (the creators and performers of Puppet Story Theater, an interactive puppet theater for children) will share ways to successfully engage children in puppet time activities. Learn how puppetry, storytelling, and singing in the classroom help promote children's early brain development. Watch, participate, and learn ways to bring the fun of puppets into your daily classroom routine. Puppet Story Theater is giving you backstage access to: *Interactive Puppetry & Hands-On Learning; The Key to Music & Singing; Enhancing Your Curriculum with Puppets, Nursery Rhymes, & Early Language Development; and A Sock, Scarf, or Soda Bottle: Make a Puppet Out of Anything.*

Training Area(s): Early Childhood Ed. & Development

Location: Portia

Target Audience: Program Directors/Administrators, Parents, Parent Educators, Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness

Max. Audience Size : 50 **Length:** 1.5 Hours

Relationship Based Conscious Discipline™:

Teaching to the Head, Hand, and Heart

Kay Zastrow, Certified Conscious Discipline™ Instructor

Peggy Simonis, Certified Conscious Discipline™

Instructor

Teaching Loving Discipline LLP

This lively, interactive presentation explores the educator's role in developing the social/emotional behaviors of children. Participants will learn four Brain Smart Basic Principles along with a simplified brain model. With this knowledge they will learn how to develop skills for lasting change by responding (rather than reacting) to daily conflicts and by designing safe, caring, and connected environments for even the most challenging of children. The instructional strategies are based on the classroom management and relationship principles of Dr. Becky Bailey's Conscious Discipline. Useful structures, music and movement strategies, and the language of connectedness will be shared. Whether you are a veteran educator/administrator or a new teacher, a parent or a related service provider, this session will provide information for immediate implementation as you return to your workplace or home environment.

Training Area(s): Early Childhood Ed. & Development; Other (Classroom Management)

Location: Suite 8

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 130 **Length:** 1.5 Hours

Also Offered: Monday, February 14 from 1:30 to 3:00 p.m. in Suite 8.

Throughout the Day with Dr. Jean Feldman

Susan Fischer, Enhanced Childcare Head Start Option (ECHO) Lead Teacher

Teresa Pilger, Teacher

ADVOCAP Head Start

Rituals, routines, transitions, nutrition, science, literacy . . . there's so much to do and so little time. So, do it with a song! The presenters have been using Dr. Jean Feldman's songs, tips, and tricks for successful classroom management for over five years. With Dr. Jean's permission, we will share some of her ideas with you. Curriculums change, but these tried and true

activities are successful and fun ways to make it through your day!

Training Area(s): Early Childhood Ed. & Development; Health, Wellness, and Safety

Location: Guava

Target Audience: Teaching Staff, Program Support Staff, Community Partners

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 50 **Length:** 1.5 Hours

University of Wisconsin River Falls Early Childhood Transition to Degree Program

Amber Tubre, Outreach Program Manager

UW-River Falls

This session will provide information about the Early Childhood Transition to Degree Program at the University of Wisconsin-River Falls, including an opportunity to interact with current students who work in Head Start programs. This degree completion program allows individuals with an associate degree in early childhood education to apply credits earned and field experiences completed toward the requirements for a bachelor's degree and Wisconsin early childhood teaching certification (birth to age eight). Classes are offered using distance-learning technology (i.e., online and videoconferencing) and occasional Saturday workshops on the UWRF campus. Students can enroll full-time or part-time and begin in fall, spring, or summer terms. Courses are offered in an integrated format that supports constructivism, developmentally appropriate practice, active exploration, and connecting children to nature.

Training Area(s): Leadership, Professional, and Organizational Development

Location: Mangrove

Target Audience: Program Directors/Administrators, Management Staff, Family Services Staff, Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness

Max. Audience Size: 50 **Length:** 1.5

Ways to Use the Wisconsin Model Early Learning Standards (WMELS)

Kris Kruzan, Early Childhood Special Education/Pre-K Teacher

Mellen Public School

Participants will go through observation tools using WMELS. We will explore ways to use the standards as: a skills checklist, conversation starters for parent meetings, an educational tool for administrators, a tool for parent conferences, and to encourage kindergarten readiness. Participants will learn ways to use the standards as observations, reporting procedures, PowerPoint presentations for parent education, brochures for parent information, and administrative reporting.

Training Area(s): Early Childhood Ed. & Development

Location: Aralia

Target Audience: Program Directors/Administrators, Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness; Application /Skill-Building

Max. Audience Size: 25 **Length:** 1.5 Hours

MONDAY, FEBRUARY 14th

1:30-3:00 p.m.

The Affects of Health Literacy on the Family

Georgia Lieber, SW/SC Regional Literacy Consultant

Marsha Connet, SE Regional Literacy Consultant

Wisconsin Literacy, Inc.

What is health literacy? Who is affected? The session will focus on how to identify those struggling with low health literacy as well as present tools that will help parents navigate different medical systems. Presenters will reflect on the social, medical, and economic costs of health literacy, and discuss ways in which parents can

be empowered when interacting with medical professionals.

Training Area(s): Health, Wellness, & Safety; Supporting Families

Location: Guava

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 50 **Length:** 1.5 Hours

Awakening the Gifts Within

Sue Tait, Family Advocate/ Virtues Project Facilitator
Renewal Unlimited
Beck Minning, Family Advocate / Virtues Project
Facilitator
Jefferson County/CESA 2 Head Start

This interactive session will inspire participants to see the Gifts of Character in themselves and others through activities that teach them the five Strategies of The Virtues Project™. Participants will be re-energized and ready to live more purposeful lives, raise children of compassion and idealism, and create a culture of character in their homes, programs, and communities. The five Strategies will engage participants in transforming challenging behavior with peaceful resolution and just consequences. Come learn essential tools to help you handle your demanding schedules—both at home and at work.

Training Area(s): Early Childhood Ed. & Development; Supporting Families

Location: Tamboti

Target Audience: Management Staff, Family Services Staff, Parents, Teaching Staff, Community Partners

Content Level: Beginning/Awareness;

Max. Audience: 40 **Length:** 3.0 Hours

Fathers Under Construction: The Conscious Fathering Program

Alphonso Pettis, Family Involvement Coordinator
Tyria Larkin, Head Start Directors
Next Door Foundation

This unique workshop will provide information on training families on parenting education, life skills, and job coaching. The presenters will demonstrate how parents can support the social and economic well being of their children. The Conscious Fathering curriculum has been introduced to hospitals, Milwaukee public schools, and county correctional facilities. Next Door Foundation's exemplary fatherhood program has been asked by state and national agencies for assistance on fatherhood programming—come learn ways to improve your own program's fatherhood programming.

The Conscious Fathering workshop provides valuable information on safety for your newborn, infant brain development, and parent-to-parent communication tips. This session will cover: bonding with your baby, dads and breastfeeding, protecting and providing for your baby as a new father, learning C.P.R. (consistent, predictable, reliable) parenting skills, Man to Man group, discussion topics that assist in self-awareness

and modeling positive parenting, holistic fathering (social, mental, physical, and spiritual), and MORE!

Training Area(s): ACF Regional Priorities & Federal Initiatives; Supporting Families

Location: Aralia

Target Audience: Parents Educators, Family Services Staff

Content Level: Application/Skill-Building

Max. Audience: 50 **Length:** 1.5 Hours

Family Wellness Presents: "It's a Family Affair"

Yolanda Winfrey, Early Childhood Director
April Kendle, Administrative Assistant/Healthy Relationships Facilitator
Urban Day School Head Start

Using the "Survival Skills for Healthy Families" curriculum, participants will receive a brief overview of the Family Wellness program. They will receive useful, practical tools for their own families as well as the families they serve within their communities and agencies. As a result of their participation, participants will learn: to use three basic skills—to speak, listen, and cooperate; steps to resolving conflict; steps to solve problems; ways to encourage each other; and, how to build on strengths within their families. Participants will also develop: skills for effective prevention; skills and patterns to avoid the development of problems; an understanding of how to talk and listen to each other and work out problems together, and; skills to nurture children.

Training Area(s): Supporting Families

Location: Mangrove

Target Audience: Parents, Parents Educators, Family Services Staff, Teaching Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 25 **Length:** 3.0 Hours

Got Dirt? Cultivating Youth Gardens for Improved Health

Bill Wright, Community Garden Coordinator
Got Dirt?

Interested in starting a school garden but unsure where to start? Got Dirt? (a statewide gardening initiative) gives educators the skills and confidence they need to start youth gardens. Gardens offer creative additions to students' regular curriculum and increase children's knowledge and consumption of fresh fruits and vegetables. Learn the numerous benefits of gardening, basic gardening techniques, and funding opportunities.

We will also share the results of our study on school gardens and children's vegetable consumption.

Training Area(s): Health, Wellness, and Safety

Location: Portia

Target Audience: Any/All

Content Level: Beginning/Awareness

Max. Audience Size: 50 **Length:** 1.5 Hours

My Students Need to Be Able to Write Their Names— Where Do I Start?

Dawn Greenawald, Occupational Therapist Registered

Sue Fisher, Head Start Teacher

Carrie Plucker, Head Start Teacher

Green Bay Area Public Schools

The goal of this session is to provide teachers with a stronger knowledge base of the precursor skills involved in handwriting. We will provide ideas of classroom activities that can be used to develop these skills. We will also provide an assessment tool that we use in our classroom. Following their participation in this session, teachers will have a greater knowledge base and understanding of how to help their students develop the foundational skills for successful learning in the area of fine motor development.

Training Area(s): Early Childhood Ed. & Development

Location: Tamarind

Target Audience: Parents, Parent Educators, Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 50 **Length:** 1.5 Hours

Reaching and Teaching Dual Language Learners

Jen Bailey, Child Health and Development Director

Dane County Parent Council

Ruth Reinl, Early Childhood Dual Language Learner Consultant

CESA 4

What is "typical" language development for dual language learners (DLLs)? How do you support home language development when you speak a DLL's language? When you don't? How do you keep DLLs engaged in group activities when they don't understand English? Through interactive activities, participants will learn how language develops in DLLs, how to best support home language development, and how to use practical and effective instructional strategies with DLLs to keep them engaged.

Training Area(s): ACF Regional Priorities & Federal Initiatives; Early Childhood Education & Development

Location: Aloeswood

Target Audience: Management Staff, Teaching Staff, Community Partners

Content Level: Beginning Awareness

Max. Audience Size: 50 **Length:** 3.0 Hours

Relationship Based Conscious Discipline™:

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Training Area(s): Early Childhood Ed. & Development; Other (Classroom Management)

Location: Suite 8

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 130 **Length:** 1.5 Hours

Also Offered: Monday, February 14 from 9:30 to 11:00 a.m. p.m. in Suite 8.

YoungStar Program—Nuts & Bolts

Jane Penner-Hoppe, Policy Advisor

Bridget Cullen, Program and Policy Analyst

Department of Children and Families

The focus of this session will be on familiarizing the Head Start community with the YoungStar design for rating child care and early education programs and to provide more detailed information on health and wellness aspects of YoungStar in which Head Start programs are actively involved. Specifically, we will aim

to have participants achieve the following outcomes: increase their understanding of the YoungStar Model; become familiar with how the automatic five star status is used for Head Start programs; understand how programs can apply to participate in YoungStar; learn more about regional office operation and supports for Head Start programs; consider becoming involved in training and support partnerships with the YoungStar program around areas of training, resource dissemination, or other needs; become familiar with key health and wellness aspects of YoungStar; and, identify potential areas for future partnerships. Increased understanding and engagement in the

YoungStar program will help Head Start programs take advantage of the YoungStar program. Overtime, it will help engage Head Start parents in understanding the quality of early care experiences is critical and YoungStar will be a tool for parents to help distinguish the quality of the settings for child care that they may use beyond Head Start.

Training Area(s): Health, Wellness, and Safety; Program Design & Management

Location: Marula

Target Audience: Any/All

Content Level: Beginning/Awareness

Max. Audience Size: 30

Length: 1.5 Hours

MONDAY, FEBRUARY 14th

3:30-5:00 p.m.

(Please also see 3 hour sessions beginning at 1:30 p.m.)

Communication Skills & Dispute Resolution Options

Jan Serak, Co-Executive Director

WI FACETS (Family Assistance Center for Education, Training, and Support)

Nissan Bar-Lev, Director of Special Education
CESA 7

This workshop contains basic information about communication skills for parents and professionals. The focus will be on using communication to reach agreement between parents and professionals. A discussion of the Wisconsin Special Education Mediation System (WSEMS) will be included. Participants will learn: strategies for effective communication; skills to prioritize and plan the conversation; and skills to promote active listening and self-assessment. Participants will also learn that the WSEMS team models collaboration and effective communication and always emphasizes the importance of resolving conflict at the earliest possible stage. A discussion of IEP facilitation, mediation, and the resolution process will also be included. There are many dispute resolution options available to parents and schools. Choosing those that involve effective communication and the WSEMS model gives parents and schools more control over the outcome of their discussions.

Training Area(s): Supporting Families; Other (Effective Communication)

Location: Tamarind

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 50

Length: 1.5 Hours

Learning About Nutrition through Activities (LANA)

Mary Beth Anderson, National Educational Consultant
Lynne Vannelli, National Marketing Director
Learning ZoneXpress

This hands-on, interactive session introduces key concepts and approaches from a research-based curriculum, Learning About Nutrition through Activities (LANA). Based on well-established nutrition education and behavior change theories, LANA is designed to help preschool children learn to taste, eat, and enjoy more fruits and vegetables. You will come away from this session armed with winning ideas, recipes, and activities.

After completing this workshop, participants will be able to: identify guiding rules for positive mealtime interactions at school, childcare, and home; prepare a fun, nutritious snack focused on fruits and vegetables; describe basic components of the LANA early-childhood curriculum; and, list the eight targeted fruits and vegetables introduced in the curriculum.

Training Area(s): Health, Wellness, and Safety

Location: Marula

Target Audience: Program Directors/Administrators, Parent Educators, Teaching Staff

Content Level: Application/Skill-Building

Max. Audience Size: 75

Length: 1.5 Hours

Move, Play, and Learn at Home

Wendy Bowe, Early Childhood Education Specialist
STG International—WI Head Start T/TA Center

This highly interactive session will provide participants with ideas for expanding children's physical movement in the home environment. Home visitors will gain ideas for working with parents and children in the home and providing parents with ideas on how to move with their children. In this session we will: recognize that physical activity for young children is not the same as it is for adults—it must be playful, simple, creative, and success oriented; identify and experience a variety of developmentally appropriate, simple activities that can be utilized with children at home; and, identify materials around the home that have potential to enrich movement experiences.

Training Area(s): ACF Regional Priorities & Federal Initiatives; Early Childhood Ed. & Development; Health, Wellness, and Safety

Location: Portia

Target Audience: Parents, Family Services Staff

Content Level: Beginning/Awareness

Max. Audience Size: 30 **Length:** 1.5 Hours

Overcoming Adulthood™ Amidst the Stress of Everyday Life

Jason Kotecki, WHSA Conference Keynote Speaker
Jason Kotecki will share fun anecdotes, realistic steps, and tangible techniques from his book, "The Escape Plan: A 40-Day Guide to Annihilate the Adulthood™ in Your Life." A variety of examples of daily challenges and possible outcomes will be given to provide attendees with strategies that will help them to manage stress as it occurs and to create a healthier balance, amidst the busyness.

Training Area(s): Health, Wellness, and Safety; Other (Follow-Up to Keynote Address)

Location: Suite 8

Target Audience: Any/All

Content Level: Beginning/Awareness

Max. Audience Size: 130 **Length:** 1.5 Hours

Project Learning Tree (PLT): Environmental Experiences for Early Childhood

Angel Stoddard, Collaboration Manager

UW Oshkosh Head Start

Exploring nature is a complete sensory experience, and early experiences with the natural world have been positively linked with the development of children's imaginations and their senses of wonder and curiosity which are important motivators for lifelong learning. PLT's Environmental Experiences for Early Childhood encourages children to explore, discover, and communicate in expressive ways and provides an introduction to environmental education at a key developmental period in children's lives. Participants will walk away with many new ideas of how to connect preschoolers with nature.

Training Area(s): Early Childhood Ed. & Development

Location: Guava

Target Audience: Parents, Parent Educators, Family Services Staff, Teaching Staff

Content Level: Application/Skill-Building

Max. Audience Size: 25 **Length:** 1.5 Hours

Utilizing Educare Core Concepts

Amanda Treptow, Program Support Manager

Carol Keintz, Executive Director

Next Door Foundation

What is Educare? There are now 12 Educare programs throughout the United States funded by major foundations. This model Head Start & Early Head Start program serves infants, toddlers, and preschoolers in a center-based program. The extensive research on the Educare Core Concepts has demonstrated the longer children are in one of these unique programs, the more likely the child is as prepared for school as other typically developing children. Participants will learn the Core Concepts of the Educare model and how to implement a research-to-practice curriculum. Participants will evaluate their own program's strategies and identify how expansion of current practices by utilizing the Educare Core Concepts will enrich their programming and potentially lead to increases in children's outcomes.

Training Area(s): Early Childhood Ed. & Development; Program Design & Management

Location: Aralia

Target Audience: Program Directors/Administrators, Management Staff, Family Services Staff, Teaching Staff, Program Support Staff

Content Level: Application/Skill-Building

Max. Audience Size: 50 **Length:** 1.5

TUESDAY, FEBRUARY 15th
8:30-10:00 a.m.

Adoption 101: Information for Early Childhood Professionals

Dr. Robin Fox, Associate Professor

University of Wisconsin Whitewater

Early childhood professionals have the opportunity to learn about the families of the children they care for and more and more those families include children who are adopted. However, teachers and directors may feel the need for additional training in understanding the lived experience of adoption. In this session we will discuss statistics, terminology and the process of adoption. The majority of the session will focus on how teachers and directors can develop welcoming environments for families with children who were adopted.

Training Area(s): Early Childhood Ed. & Development; Supporting Families

Location: Guava

Target Audience: Program Directors, Management Staff, Family Services Staff, Teaching Staff, Program Support Staff, Community Partners

Content Level: Beginning/Awareness

Max. Audience Size: 100 **Length:** 3.0 Hours

**** Cavity Free Kids Oral Health Curriculum for Infants/Toddlers, Preschoolers, and Their Families: Train-the-Trainer ****

Lisa Bell RDH, MPH, State Public Health Dental Hygienist
Department of Health, Division of Public Health

The *Cavity Free Kids* curriculum was designed by the Washington Dental Service Foundation specifically for use in Head Start/Early Head Start programs. The curriculum presents oral health as an ongoing part of preschool education and includes components devoted to classroom activities, infant and toddler programs, and parent education materials for use in parent meetings or home visits to impact the oral health of the entire family. The *Cavity Free Kids* oral health concepts are aligned with the primary domains of the Head Start Child Outcomes Framework.

Participants in this train-the-trainer session will learn the five essential learning concepts that organize the curriculum for children and family components. The

classroom curriculum is presented in five units where each unit is devoted to one of the five essential learning concepts. Each unit is divided into three to six lessons and each lesson includes: a teacher-directed group activity, hands-on learning activities, parent connection reminders, and materials for parents and teachers. The family curriculum consists of a "Home Visitor Tooth Kit" and other materials for program staff to use when making home visits and conducting parent meetings. In addition to relaying information related to what children are learning in the classroom, the family curriculum also includes a special section concerning the oral health of infants and toddlers. Participants must attend the full NINE hour session on Tuesday and Wednesday.

Training Area(s): ACF Regional Priorities & Federal Initiatives; Health, Wellness, and Safety

Location: Portia

Target Audience: Management Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 40

**** Length:** 9.0 Hours

Enhancing Curriculum with the Child in Mind

Patrice Moran, Teacher

Nicolle Gilbertson, Teacher

Family Forum Head Start & Early Head Start

Children are naturally egocentric and learn more effectively when we embrace their need to be the focus of attention. We see this as a great opportunity. We will discuss ways that our program has made children the focus of our curriculum and active participants in their own learning. We will discuss strategies to use in the areas of creative arts, reading/writing, the block area, math, science, free play, and fine and gross motor skills. You will leave our presentation with a plethora of new ideas to enhance your current curriculum with the child in mind.

Training Area(s): Early Childhood Ed. & Development; Early Head Start

Location: Tamarind

Target Audience: Parents, Parent Educators, Teaching Staff

Content Level: All

Max. Audience Size: 30

Length: 1.5 Hours

Improving Your Program with the SEFEL Pyramid Model

Julie Betchkal, WI Pyramid Model Training Coordinator
CESA 11

Lana Nenide, WI Pyramid Model State Facilitator
Wisconsin Alliance for Infant Mental Health

Are you interested in reducing staff turnover and children's challenging behaviors? What about increasing the satisfaction of program staff and families and improving children's social skills? This session is for program and center directors who want to learn more about the SEFEL (Social and Emotional Foundations for Early Learning) Pyramid Model, a research-based and classroom-tested approach to helping children learn social-emotional skills. The session addresses the seven important components of implementing the Pyramid Model with enough intensity, focus, and consistency to help your program experience the benefits.

Training Area(s): Leadership, Professional, and Org. Development; Program Design & Management

Location: Aralia

Target Audience: Program Directors, Management Staff

Content Level: Beginning/Awareness

Max. Audience Size: 35

Length: 1.5 Hours

Individualized Education Program (IEP): Process and Product

Bonnie Vander Meulen, Training Coordinator
WI FACETS (Family Assistance Center for Education, Training, and Support)

This workshop contains basic information on the rules and regulations related to creating the Individualized Education Program (IEP). Participants will learn: all components of the IEP; who are the members of the IEP team and their roles; how the team works together to individualize the student's services and education; how to determine the present level of academic and functional performance; how to write IEP goals to ensure quality education; the definition of Special Education; about the related services that may be included in the IEP to assist the child to benefit from special education; procedural safeguards; transition to life after high school; supplementary aids and services, program modifications and accommodations. Participants will not only learn the above stated information, they will be able to take home valuable resources to help them navigate the Special Education process.

Training Area(s): Supporting Families; Other (Developing IEPs to Serve Children w/ Special Needs)

Location: Aloeswood

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 50

Length: 1.5 Hours

Making Connections: Dimensions of Poverty and the Impact on Development and Learning

Jeanne Erickson, Director

Project Babies

Research has provided a strong link between the indicators used to evaluate and assess economic distress and poverty and the physiological impact of poverty. Participants will learn the dimensions of poverty, like: nutrition, quality care, restricted environment, toxins (with a focus on lead), and prenatal impacts such as maternal stress. Then, we'll explore the impact of these dimensions on brain development beginning with the fetal brain. The presentation will also include the discussion of research on the impacts transient and long-term poverty have on social-emotional development, behavior, and intelligence. This workshop will challenge participants to look at the barriers and dimensions of poverty through the lens of race. Participants will engage in interactive dialogue on ways to incorporate this information into their work and daily practice.

Training Area(s): Early Childhood Ed. & Development; Supporting Families

Location: Tamboti

Target Audience: Any/All

Content Level: All

Max. Audience Size: 50

Length: 3.0

SOARING Towards Your Dream Life

Vickey Angeles, Associate Director

Peggy Hibbard, Senior Family Services Specialist
National Centers for Learning Excellence, Inc.

This fun-filled and learning-rich session will enable you to focus on YOU. Together we will explore what it takes to live your dream life . . . and start the journey! You will leave this session with a new awareness, skills, and ways of thinking about yourself and your life.

NOTE: Participants interested in developing a personal action plan to achieve their dream life are encouraged to attend "Making Your Dreams Become Reality" scheduled directly after this session.

Training Area(s): Health, Wellness, & Safety; Other (Personal and Professional Enrichment)

Location: Mangrove

Training Area(s): Health, Wellness, and Safety; Other (Personal and Professional Enrichment)

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 50 **Length:** 3.0 Hours

Stepping Stones to Successful Parent Involvement

Debbie Raether, Parent Involvement Specialist

Nichole Green, Parent Involvement Specialist

Dane County Parent Council

Come and take a walk along the path to successful parent involvement. Our goals are to help parents and staff learn how to work together to make parent involvement successful and how to overcome the roadblocks along the way. Participants will learn how to work as team, overcome obstacles, and know when enough is enough. You'll leave with the knowledge and self advocacy tools to overcome the obstacles along the path to successful parent involvement.

Training Area(s): Leadership, Professional, and Organizational Development; Supporting Families

Location: Suite 8

Target Audience: Parents, Parent Educators, Family Services Staff, Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness

Max. Audience Size: 75 **Length:** 1.5 Hours

Also Offered: Tuesday, February 15 from 10:30 a.m. to noon in Suite 8.

Surviving the Shock When You're a Lightning Rod for Change

Lilly Irvin-Vitela, Executive Director

Supporting Families Together Association

This workshop is designed to work with early care and education leaders, teachers and parents to explore effective strategies to manage change. Engagement, meaningful collaborations, democratic decision-making, and effective shared leadership are the most consistent counters to the stress, uncertainty, and challenges that accompany change. As a field that is making investments in people through our work with families and children, we are by our nature investing in the present and our futures. With one foot in the present and one foot in the future, we are lightning rods for community change efforts. This workshop will provide participants with an opportunity to explore and practice hands-on strategies for responding to change.

Whether teachers, administrators, or parents are interested in building stronger relationships, building stronger organizations, or building stronger families, the strategies being introduced and practiced in this workshop will support you in that effort.

Training Area(s): Leadership, Professional, and Organizational Development; Other (Change Management)

Location: Marula

Target Audience: Program Directors/Administrators, Management Staff, Parents, Parent Educators, Teaching Staff

Content Level: Beginning/Awareness

Max. Audience Size: 50 **Length:** 3.0 Hours

TUESDAY, FEBRUARY 15th

10:30-Noon

(Please also see 3 hour sessions beginning at 8:30 a.m.)

Communicating With and Serving Non-English Speaking Children and Families

Margarita Garfias de Christianson, Bilingual Specialist

Rock-Walworth Comprehensive Family Services, Inc.

Head Start & Early Head Start

In this session, we will explore the challenges that serving non-English speaking children and families

presents. We'll also examine successful approaches to communicate with and serve non-English speaking children. Then, we'll brainstorm for further solutions to ensure effective communication and service. Together, participants will compile a list of innovative ways to serve non-English speaking families and children. We'll increase our awareness of the challenges that families

have to participating in an English (foreign) speaking world. Come to this session to listen to, share with, and learn from your peers about effectively communicating with non-English speaking parents and children.

Training Area(s): Supporting Families

Location: Tamarind

Target Audience: Management Staff, Parent Educators, Family Services Staff, Program Support Staff, Community Partners

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 40

Length: 1.5

How Will I Know You Care? Addressing Challenging Behavior by Building Relationships

Julie Betchkal, WI Pyramid Model Training Coordinator
CESA 11

Lana Nenide, WI Pyramid Model State Facilitator
Wisconsin Alliance for Infant Mental Health

The quality of early relationships is foundational for all future learning and an important goal for all children. This session is based on the SEFEL Pyramid Model training. Participants will develop and enhance understanding of: attachment, regulation and temperament, and the role they play in social emotional development; the role of perception and relationship in addressing challenging behavior; and, strategies to build positive relationships with all children.

Training Area(s): Early Childhood Ed. & Development; Early Head Start

Location: Aralia

Target Audience: Program Directors, Parent Educators, Family Services Staff, Teaching Staff, Program Support Staff, Community Partners

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 45

Length: 1.5 Hours

Improving Child Nutrition through Home Visitation with Head Start Families

Pamela Peterson, Associate Professor

Jenny Spude, Wisconsin Nutrition Education Program (WNEP) Coordinator

University of Wisconsin Extension (UWEX)

Overweight and obesity are increasing problems in preschool children with poor diet and limited physical activity laying the foundation for serious health risks later in life. In Wisconsin, 25% of low-income children between the ages of two and four are either overweight or at risk of being overweight. Research has established

a relationship between diets that are rich in fruit and vegetable consumption and reduced risk of chronic diseases (including cardiovascular disease, hypertension, diabetes, and certain types of cancer). Door County UW-Extension partnered with Head Start in Sturgeon Bay to deliver a unique, comprehensive program to low-income families which includes classroom instruction, family nights, educational programs, family events, and home visitation. Using a pre- and post-test experimental design, researchers found the home visitation component made a significant difference in outcomes between control and experimental groups.

Participants will gain an understanding of the components of the program design; understand outcomes achieved by the program; and explore potential community partners/funding sources and ways to replicate the program locally. Additionally, participants will identify program components that may be of benefit in their local Head Start programs and develop an implementation plan.

Training Area(s): Community Partnerships; Health, Wellness, and Safety

Location: Aloeswood

Target Audience: Any/All

Content Level: Application/Skill-Building

Max. Audience Size: 50

Length: 1.5 Hours

Stepping Stones to Successful Parent Involvement

Debbie Raether, Parent Involvement Specialist

Nichole Green, Parent Involvement Specialist

Dane County Parent Council

Come and take a walk along the path to successful parent involvement. Our goals are to help parents and staff learn how to work together to make parent involvement successful and how to overcome the roadblocks along the way. Participants will learn how to work as team, overcome obstacles, and know when enough is enough. You'll leave with the knowledge and self advocacy tools to overcome the obstacles along the path to successful parent involvement.

Training Area(s): Leadership, Professional, and Organizational Development; Supporting Families

Location: Suite 8

Target Audience: Parents, Parent Educators, Family Services Staff, Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness

Max. Audience Size: 75

Length: 1.5 Hours

Also Offered: Tuesday, February 15 from 8:30 to 10:00 a.m. in Suite 8.

TUESDAY, FEBRUARY 15th
1:30 to 3:00 p.m.

Facing the Challenge: Helping Teachers Work Better with Children Demonstrating Challenging Behaviors

Deb Kozak, Education & Disability Manager
Eileen Lauer, Family & Community Partnership Manager
UW Oshkosh Head Start Program

This training session will help early childhood professionals better understand and prevent challenging behaviors and help them implement the behavioral planning process and intervention strategies. Participants will have an opportunity to reflect on a child with whom they have worked, as well as view video clips from real classrooms which will help bring about a deeper understanding of challenging behaviors.

Training Area(s): Early Childhood Ed. & Development; Health, Wellness, and Safety

Location: Aloeswood

Target Audience: Management Staff, Teaching Staff

Content Level: Application/Skill-Building

Max. Audience Size: 50 **Length:** 3.0 Hours

Guiding Children Towards Success

Karen Apitz, Parents as Teachers & Early Learning Coordinator
Parents Plus, Inc.

This presentation provides home visitors and educators with information and strategies to promote social-emotional competence in young children. You'll also learn to build relationships and construct supportive environments for children.

Training Area(s): Early Childhood Ed. & Development; Early Head Start

Location: Guava

Target Audience: Parents, Parent Educators, Family Services Staff, Teaching Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 30 **Length:** 1.5 Hours

Leading Change in a Changing World

Lilly Irvin-Vitela, Executive Director
Supporting Families Together Association

This workshop is designed to teach early care and education leaders how to build and support successful teams within their organizations using Plan-Do-Study-Act (PDSA) cycles as a way to keep teams productive during times of change. This is a hands-on workshop that will provide concrete examples of how successful teams use the PDSA cycles to meet their own quality improvement goals. It will also involve applying the PDSA cycle to real world situations currently impacting participants.

Whether programs are interested in quality improvement in professional qualifications, environments and curriculum,; health and well-being, or business practices, this approach can support leaders in motivating and engaging staff and parents in achieving program improvement goals.

Training Area(s): Leadership, Professional, and Org. Development; Other (Change Management)

Location: Marula

Target Audience: Program Directors/Administrators, Management Staff, Other (Program Leaders)

Content Level: Application/Skill-Building

Max. Audience Size: 50 **Length:** 3.0 Hours

Making Connections: Sugar and Spice vs. Puppy Dogs' Tails

Jeanne Erickson, Director
Project Babies

Sugar and Spice and Everything Nice. . . Frogs and Snails and Puppy Dog Tails. Even the writers of the early nineteenth century nursery rhyme knew there are differences in the brain and "make-up" of boys and girls. This workshop will take a look at early brain development basics, highlighting gender differences. Participants will explore such questions as: Why (in general) do boys fidget more than girls? Why do boys and girls prefer different colors? Why do girls seem to pay attention more readily than boys? Workshop participants will learn key brain gender differences, which will lead to a greater understanding of their students and their behaviors in the classroom. The workshop will also encourage participants to look at how they set up their classrooms and organize activities.

Training Area(s): Early Childhood Ed. & Development;
Early Head Start

Location: Tamboti

Target Audience: Any/All

Content Level: All

Max. Audience Size: 50 **Length:** 3.0

Making Your Dreams Become Reality

Vickey Angeles, Associate Director

Peggy Hibbard, Senior Family Services Specialist

National Centers for Learning Excellence, Inc.

Many of us have dreams – whether big or small! Some of us are unsure about how to make our dreams a reality or achieve our goals. During this session we will discuss the steps we need to take to achieve our dreams and goals. You will have an opportunity to identify your steps and leave this session with your own personal action plan to make your dreams become a reality.

NOTE: This session is especially intended for participants who have attended “SOARING Towards Your Dream Life” at this or past conferences.

Training Area(s): Health, Wellness, and Safety; Other (Personal and Professional Enrichment)

Location: Mangrove

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 50 **Length:** 1.5 Hours

Promoting Positive Peer Interaction in Preschoolers

Julie Betchkal, WI Pyramid Model Training Coordinator
CESA 11

The quality of peer relationships in preschool has influence on adult outcomes. Participants in this session will learn strategies for: designing environments to promote positive interactions, intentionally teaching important friendship skills, and ensuring that children have opportunities to practice and learn new skills. This workshop will feature evidence-based strategies from the Center on the Social Emotional Foundations for Learning (CSEFEL). Participants will leave with materials to set up their preschool (2 1/2 to age 6) environment to enhance children's learning of social skills that lead to friendship.

Training Area(s): Early Childhood Ed. & Development; Health, Wellness, and Safety

Location: Aralia

Target Audience: Teaching Staff, Program Support Staff

Content Level: Application/Skill-Building

Max. Audience Size: 35

Length: 1.5 Hours

Shared Decision Making: Involving Families in Groups that Make Decisions

Jenny Stonemeier, Project Director State Personnel Development Grant; Parent Leadership Specialist
WI FACETS (Family Assistance Center for Education, Training, and Support)

This workshop will provide information on how families can get involved in groups that make decisions. A newly developed guidebook for families entitled "Serving on Groups that Make Decisions: A Guide for Families" will be presented. Such topics as opportunities to get involved; types of groups; processes that groups use; tools (group rules, agendas); tips and strategies; understanding data; role of families on groups; and skills for serving on a group that makes decisions will be addressed. This session will not only provide awareness of opportunities for family involvement, it will address many skill building opportunities for families that want to make a difference in their children's' lives.

Training Area(s): Leadership, Professional, and Organizational Development; Supporting Families

Location: Tamarind

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 50 **Length:** 1.5 Hours

Understanding Developmental Trauma Disorder and Attachment Issues

Pat Ann St. Germain, Clinic Director

Healing Hearts Family Counseling Center, LLC

Developmental Trauma Disorder (DTD) describes children and youth who present a range of difficulties as a result of exposure to early, chronic, and severe trauma. Children with DTD have problems with attachment authority and are unable to regulate their emotions and impulses and can experience cognitive impairment and attention deficits. This workshop will cover the link between children's early experience, emotional well-being, developmental delays, and performance in school. We will discuss assessments that can help identify the child's issues, interventions, resources, and strategies for success in the school setting. The goal is for school staff to identify DTD, knowledge of assessments that can guide interventions, awareness of resources for help and guidance, and proven strategies for success.

Training Area(s): Early Childhood Ed. & Development;
Health, Wellness, and Safety
Location: Suite 8

Target Audience: Any/All
Content Level: Application/Skill-Building
Max. Audience Size: 100 **Length:** 3.0

TUESDAY, FEBRUARY 15th

3:30-5:00 p.m.

(Please also see 3 hour sessions beginning at 1:30 p.m.)

How to Save a Dollar When You Don't Have a Dime to Spare

Peggy Olive, Family Living Agent
UW-Extension Richland County
Ruth Schriefer, Family Living Agent
UW-Extension Iowa County

Wondering where your paycheck goes? Worried about rising prices? Would you like a little more money in the bank for a rainy day? This session will look at stretching your hard-earned dollar to stay within your budget. Participants will leave this session with ideas, tips, and tools to start using right away and to share with others.

Training Area(s): Supporting Families; Other (Financial Education)

Location: Tamarind

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 40 **Length:** 1.5 Hours

Parent Cafés

Vickey Angeles, Associate Director
Peggy Hibbard, Senior Family Services Specialist
National Centers for Learning Excellence, Inc.
Strengthening Families began as a new approach to child abuse prevention and has developed into a program to support all families in promoting children's healthy development. Head Start & Early Head Start in Waukesha County has embraced the Parent Café model, a simple method of encouraging parent conversation about parenting skills and child development. Join us as we share information about both the Strengthening Families approach and our Parent Cafés. You will have a chance to experience a "mini" café and leave with ideas that you be able to use in your program.

Training Area(s): Supporting Families

Location: Mangrove

Target Audience: Parents, Parent Educators, Family Services Staff, Community Partners

Content Level: Beginning/Awareness

Max. Audience Size: 40 **Length:** 1.5 Hours

Parent-School-Community Partnerships: Creating a Welcoming Environment in Your Program

Yvette Dobbs, Parental Information and Resource Center (PIRC) Director
Parents Plus, Inc.

Based on the research of Dr. Joyce Epstein and the National Network of Partnership Schools at Johns Hopkins University, this model provides a framework for successful parent involvement in programs that will lead to increased student achievement. This workshop will also include successful techniques on making your program a welcoming environment for your parents.

Training Area(s): Leadership, Professional, and Org. Development; Program Design & Management

Location: Guava

Target Audience: Program Directors/Administrators; Management Staff; Teaching Staff, Program Support Staff

Content Level: Application/Skill-Building

Max. Audience Size: 50 **Length:** 1.5 Hours

Using Visual Supports to Improve Behavior

Julie Betchkal, WI Pyramid Model Training Coordinator
CESA 11

Sending children clear messages about our expectations for their behavior is an important tool in promoting their social and emotional development. This session will showcase how visual supports—like rules, schedules, mini-schedules, self-management tools, and reminders—can be used to support children in improving their behavior. The session will feature many examples and is based on the Center on the Social and Emotional Foundations of Early Learning (CSEFEL)

Pyramid Model materials. The content would be most applicable for toddlers and preschoolers.

Training Area(s): Early Childhood Ed. & Development; Health, Wellness, and Safety

Location: Aralia

Target Audience: Program Directors/Administrators, Parent Educators, Family Services Staff, Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 35

Length: 1.5 Hours

WEDNESDAY, FEBRUARY 16th 8:30 to 10:00 a.m.

Cheap and Easy Math

Marilu Rodriquez-Kroll, Head Start Teacher/Trainer
Waukesha County Head Start/Child and Family Centers of Excellence

In Cheap and Easy Math you will learn easy activities you can make to teach math to young children. This fun and interactive workshop will send you back to your program with many fun and "Cheap and Easy" ideas—many taking only minutes to make. We will talk about graphs, shapes, sorting, counting, and games to help our little ones learn about math.

Training Area(s): Early Childhood Ed. & Development

Location: Guava

Target Audience: Parents, Teaching Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 30

Length: 1.5 Hours

Compassionate Partnering: Building Relationships with Your Parents

Vickey Angeles, Associate Director
Peggy Hibbard, Senior Family Services Specialist
National Centers for Learning Excellence, Inc.

Compassionate partnering is seen by many as the distinctive competence of Head Start. Our success depends on our ability to build relationships with each of our families. We will explore the dimensions of compassionate partnering and ways you can apply it "back home" in your agency.

Training Area(s): Supporting Families

Location: Mangrove

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 50

Length: 3.0 Hours

How Do I Know if . . . ? What Do I Do When . . . ? Where Do I Find . . . ? Who Do I Call to . . . ?

Susan Finkel, Academic Staff Lecturer
UW-Oshkosh

Participants will review child development milestones, laws impacting special education services for early childhood education, and learn the steps in the special education referral process. Participants will have an opportunity to plan and practice simple adaptations and modifications. As an added benefit, participants will learn an AMAZING song that will help them remember the laws pertaining to special education!

Training Area(s): Early Childhood Ed. & Development; Supporting Families

Location: Aloeswood

Target Audience: Program Directors/Administrators, Parents, Parent Educators, Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 40

Length: 1.5 Hours

Improving Program Quality: T.E.A.C.H. Scholarships Can Help!

Mary Erickson, Lead Scholarship Counselor
Wisconsin Early Childhood Association (WECA)
Educational qualifications have become a cornerstone of program improvement plans within YoungStar, Wisconsin's new child care quality rating improvement system (QRIS). Join us as we provide clarity about professional qualifications as they relate to Wisconsin's new five-star rating system, and how T.E.A.C.H. (Teacher Education and Compensation Helps) scholarships can help you create a professional development plan to meet your goals. Participants will understand the impact of credit-based education for achieving higher star ratings within YoungStar; explore questions relating to professional development as a way

to consider one's own professional needs and goals; and, learn how T.E.A.C.H. Early Childhood® Wisconsin can support individual/program efforts through T.E.A.C.H. Scholarships for credit-based education, options for credit for prior learning, and professional development planning services.

Training Area(s): Leadership, Professional, and Organizational Development

Location: Tamboti

Target Audience: Program Directors/Administrators, Teaching Staff, Program Support Staff

Content Level: All

Max. Audience Size: 25 **Length:** 1.5 Hours

Positive Parenting: Limits & Consequences

Sherri Van Vuren, Family Services Specialist

Deb Vetterkind, Family Services Specialist

Western Dairyland Head Start

Based on the Positive Parenting curriculum, this session will help parents explore setting limits and delivering effective consequences. Parents will learn how to set limits for their children. Participants will understand the difference between punishment and discipline and will also learn how the effective use of natural and logical consequences will help decrease unwanted behaviors.

Training Area(s): Early Childhood Ed. & Development; Supporting Families

Location: Tamarind

Target Audience: Parents; Parent Educators

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 40 **Length:** 1.5 Hours

Stewards of Children

Mary Kleman, Prevention Manager

Children's Service Society of Wisconsin

Stewards of Children is an award-winning and scientifically proven program to increase knowledge, improve attitudes, and change child protective behaviors that was developed by Darkness to Light, an organization dedicated to end childhood sexual abuse. The seven step Stewards of Children program teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. Adults learn what steps to take to ensure the environment and policies at their organization are designed to protect children.

Training Area(s): Health, Wellness, and Safety; Supporting Families

Location: Marula

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 25 **Length:** 3.0 Hours

A Supervisory Framework for Strengthening Attachments and Parenting Skills through Home Visitation

Cheryl Miller, Training & Technical Assistance Consultant

Great Kids, Inc.

This interactive workshop, facilitated by an internationally recognized home visitation trainer and technical assistance consultant, provides an introduction to strength-based, reflective, supervisory communication strategies and parent-child relationship assessment tools aimed at: strengthening parent-child attachments, motivating parents to support their child's development on a daily basis, and improving the family's stress management and problem solving skills. Participants will learn two communication strategies for opening home visitors up for professional development, receive a tool for assessing and discussing the parent-child relationship during supervisory sessions, and explore methods for how to motivate parents.

Training Area(s): Early Head Start; Leadership, Professional, and Organizational Development

Location: Aralia

Target Audience: Program Directors, Management Staff

Content Level: Application/Skill-Building

Max. Audience Size: 50 **Length:** 1.5 Hours

Understanding the Culture of Poverty and Its Application to Head Start

Rich Thwaites, Former Head Start Director

Merrill Area Public Schools

This training session explores the framework of the culture of poverty as developed by Dr. Ruby Payne. By understanding this framework, program staffs are better able to interpret and understand situations they experience. It will also enable participants to better plan to meet the needs of those in poverty.

Training Area(s): Supporting Families

Location: Suite 4

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience: 50 **Length:** 3.0 Hours

WEDNESDAY, FEBRUARY 16th

10:30 a.m. to Noon

(Please also see 3 hour sessions beginning at 8:30)

AA to BS: A New Approach at the University of Wisconsin Whitewater

Kristal Kagy, Early Childhood Online Program Coordinator

University of Wisconsin Whitewater

The Faculty of the Early Childhood Program at the University of Wisconsin Whitewater has developed a new cohort designed specifically for students transferring with an Applied Associate of Arts degree in Early Childhood Education from a Wisconsin Technical College. This new cohort is called ECE4U. General content will be taught online with one Saturday face to face each month on the UW-Whitewater campus. This presentation is intended to share information about beginning classes at UW-Whitewater to earn a BSE in Early Childhood and a teaching license to teach children birth to eight years in regular and special education.

Training Area(s): Leadership, Professional, and Organizational Development

Location: Tamboti

Target Audience: Any/All

Content Level: Beginning/Awareness

Max. Audience Size: 50 **Length:** 1.5 Hours

High Quality Educational Activities on a Dollar Store Budget

Latrice Everette-Robinson, Assistant Head Start Director
Marshell Collins, Educational Coordinator

Urban Day School Head Start

In this session we'll learn to use everyday household items to teach our children valuable educational skills. Participants will make items with materials from around the house that they can use to teach their children—no costly gadgets necessary!

Training Area(s): Early Childhood Ed. & Development

Location: Tamarind

Target Audience: Parents, Parent Educators, Teaching Staff

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 15 **Length:** 1.5 Hours

The New Media: How to Leverage Online Resources to Engage and Service Your Community

Rick McGrath, Principal

Ana Kelly, Principal

Resonate Web Marketing

First, participants will receive an overview of current online technologies available to local organizations. Then they'll learn some easy to-do's that they can implement today and also be exposed to resources they can reference later on as needed. Attendees will gain perspective on what their technology options are—while diminishing anxiety over an unfamiliar subject for many people—and they'll leave with a greater understanding of what directions they may or may not be interested in pursuing to improve their program technologies.

Training Area(s): Leadership, Professional, and Organizational Development

Location: Aloeswood

Target Audience: Program Directors/Administrators, Management Staff, Program Support Staff, Community Partners

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 30 **Length:** 1.5 Hours

Preschool Bullying: What Teachers and Administrators Need to Know

Trena Loomans, Social Service/Mental Health Specialist
Marathon County Child Development Agency Head Start

We tend to hear a lot about bullying behaviors in middle and high school. However, when bullying behaviors are mentioned in preschool many raise an eyebrow to the notion. There is growing research that consistently demonstrates intentional bullying behavior does, in fact, starts as early as preschool. The difficulty comes in identifying the difference between developmental reactive aggression and the conscious choice to use aggression to attain power or control. This presentation differentiates between the two and

gives specific behaviors to look for in identifying bullying from healthy play. We'll consider the possible causes of bullying behavior and what we can do to prevent it in the education field. Another concern we'll tackle is how to help the victim of bullying become empowered. We will also a look at policy and procedure to address this concern. We use the label "bully" but in reality there is always a purpose behind behavior. The bully is telling us something about themselves and if we address that need before missing the developmental milestone of social and emotional development, we can have a significant impact on society as a whole.

Training Area(s): Early Childhood Ed. & Development;
Program Design & Management

Location: Aralia

Target Audience: Any/All

Content Level: Beginning/Awareness; Application/Skill-Building

Max. Audience Size: 50

Length: 1.5 Hours

WOW! What Great Art Posters! Now What?

Joan Krohm, Head Start/Early Childhood Teacher

Beth Tepper, Head Start/Early Childhood Director

Merrill Area Public Schools

All Head Starts programs received Picturing America art posters and a wonderful resource guide. It is easy to set something like that aside, but this presentation will motivate you to get them out and use them on a regular basis. We will share how we take our learning targets and then go to the posters to see how they can be incorporated into activities.

Training Area(s): Early Childhood Ed. & Development

Location: Guava

Target Audience: Teaching Staff, Program Support Staff

Content Level: Beginning/Awareness; Application /Skill-Building

Max. Audience Size: 30

Length: 1.5 Hour